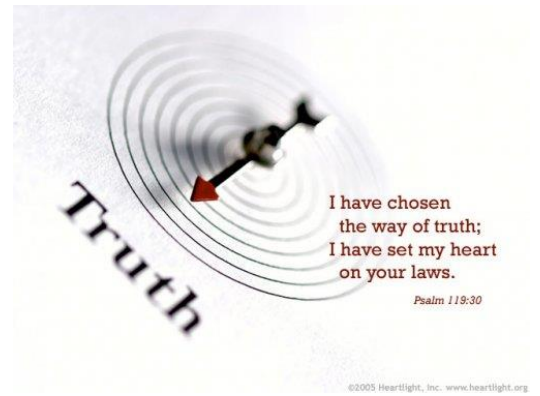
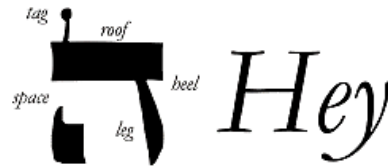


Psalm 119 & the Hebrew Aleph Bet - Part 5

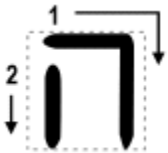


The fifth letter of the Hebrew alphabet is called "Hey".



Write the manual print version (or "block" version) of Hey as follows:

MANUAL PRINT VERSION



Writing the Letter: *Hey*

	<p>Practice making the Hey here:</p>
--	--------------------------------------

The *Aleph* represents *Yahweh*. The *Bet* signifies *Yahshua*, Who Tabernacled in the Flesh. The *Gimel* signifies the Spirit of *Yahweh*, manifested or "wrapped up" in John the Baptist, the forerunner of Messiah. And the *Dalet* is the door, signifying the Door of the Sanctuary and entry into a Grace-empowered life with Christ. The fifth letter, the *Hey* is the letter which represents the Holy Spirit – the Breath of Heaven.



Hey Signifies the Window of the Soul – and the LIGHT and BREATH of Heaven coming in

Psalm 150:6 "Let everything that hath breath praise YHWH. Praise ye YHWH."

Psalm 18:28 "For thou wilt light my candle: YHWH my God will enlighten my darkness."

Spiritual Meaning of the Hey

Hey = 5 and is the H of Hebrew (pronounced *by exhaling the breath*)

- Hey is the Hebrew letter for BREATH, SPIRIT and GRACE.
- Hey is the first letter in the Hebrew word HINNEH (behold), suggesting something important is following, which can only be viewed and fully appreciated through the Holy Spirit. As in: "Behold the Bridegroom cometh!" Matthew 25:6 and "Behold the Lamb of God, who takes away the sin of the world," John 1:29 & 36.



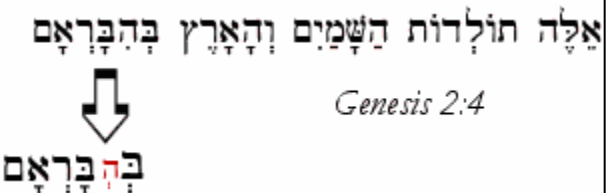
There are two Hey's in God's Holy Covenant Name: **YHWH**.

They show us that He **BREATHED** life into us in the beginning, and will again **BREATHE** Eternal Life into us. It also takes the Presence of the Holy Spirit in us to truly praise YHWH – which is shown by the Hey's in **HalleluYAH!**



Hey represents God's Creative Power
 "By the word of the LORD were the heavens made; and all the host of them by the Breath of His Mouth" (Psalm 33:6). In the Talmud (*Menachot 29b*) it is said that the "breath of His mouth" refers to the sound of the letter Hey - the outbreathing of Spirit.

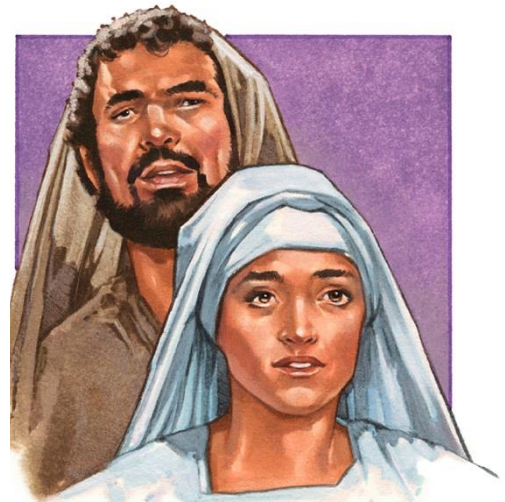
In the fifth word of Genesis 2:4, the hey appears smaller than usual.



This draws attention to the fact that the heavens and the earth were created, by YHWH's Hey... the Word of YHWH, Who breathed forth creation.

YHWH changed the names of His people- adding the Hey- to signify the indwelling of His Spirit and Grace (Genesis 17:5 & 15):

**ABRAM became ABRA-H-AM
 SARAI became SARA-H**



Prefixive Hey

Hey functions as the definite article in Hebrew, a sort of demonstrative that points to the object and makes it concrete and definite. Thus אִישׁ (*ish*), a man, becomes הָאִישׁ (*ha-ish*), **THE MAN** (the Spirit in a man makes him new into the **LIVING** Image of *Yahshua* **THE MAN**).

Suffixive Hey

Adding a Hey at the end of a noun "feminizes" it or allows it to be "fruitful" and reproductive – another work of the Holy Spirit in the life.

Hey and Teshuvah

Since Hey is formed from Dalet and Yod, it can also be a picture of returning to God by means of the transforming power of the Spirit. Opening the door of the heart then is a picture of the Spirit of God indwelling the believer.

Hebrew Words Beginning with Hey:

Hebrew Word	Pronunciation	Meaning
הָא	hei	“to break” – For Jacob, our spiritual forefather, blessing came at the price of brokenness. He wrestled with the angel of YHWH. The angel touched him and put his leg out of joint so that ever after, he walked with the limp – yet he was also deeply blessed! To make us usable, YHWH must break us of our self-will and pride.
הָעֵץ	Ha eetz	Ha eetz is THE TREE instead of just “a tree”. Adding the Spirit’s “H” letter makes it refer to Yahshua and the Things of Yahshua
הַלְלוּ-יָהּ	Hallelujah	Hallelujah means “praise to Yah”. The Hey in the front of the word shows that we can only praise YAH effectively through the Holy Spirit. “God is a Spirit: and they that worship Him must worship Him in spirit and in truth,” John 4:24.

According to linguists, the form of the letter **ה** (hey) pictures a window. With the arrival of the י (yod), ד (dalet – the door) become a ה (hey = window). This window allows LIGHT and AIR to enter the soul – both of which are workings of the Holy Spirit.

The Hey Signifies the Work of the Holy Spirit in the Life, Symbolized by the Holy Anointing Oil

The Holy Anointing Oil, significant of the Holy Spirit, was made up of 5 parts (5 is the number hey): Myrrh, cinnamon, sweet calamus, cassia, and olive oil (Exodus 30:23-25). These ingredients reveal the meaning of the hey and the indwelling work of the Holy Spirit in our lives.

MYRRH



- *myrrh* (as *distilling* in drops, and also as *bitter*)
- “Indeed, all who desire to live godly in Messiah Yahshua will be persecuted”
(2 Timothy 3:12)

Spiritual Significance of the Myrrh

Myrrh symbolizes suffering, trials, tribulations, and afflictions. The church of Smyrna is known as the “Suffering Church”. This makes sense when one realizes that the name “Smyrna” comes from myrrh. Suffering and persecution is something that *Yahshua* experienced. In fact we are told that suffering was such an integral of *Yahshua*’s life that, “Although He was a Son, He learned obedience from the things which He suffered” (Hebrews 5:8). And just as He was given the gift of myrrh by Wise Men, so we too, who are set apart for His holy use and anointed as priests, are to receive the gift of myrrh (suffering) from the hand of the Master. It is not done to destroy us, but to teach us obedience.

CINNAMON



- "*qinnamown*" meaning "to erect, cinnamon bark as in upright rolls"

Spiritual Significance of the Cinnamon

The second ingredient of the holy anointing oil was "sweet cinnamon". Sweet denotes the savour to God that is pure and holy, not that of a natural sweetener as honey, but that of cinnamon. "Cinnamon" is the Hebrew "*qinnamown*" meaning "to erect, cinnamon bark as in upright rolls". The sweet cinnamon speaks of the upright life, which we are enabled to live, through the Holy Spirit's Grace and indwelling Power.

SWEET CALAMUS



- "Calamus" is the Hebrew "*qaneh*" meaning "a reed (for measuring)."

Spiritual Significance of the Calamus

"Calamus" is the Hebrew "*qaneh*" meaning "a reed (for measuring)." The Law of YHWH is represented here. "And there was given me a reed like unto a rod: and the angel stood, saying, Rise, and measure the temple of God, and the altar, and them that worship therein." (Revelation 11:1). The measuring rod, by which we are measured (judged) is the Law of YHWH, as it says in James 2:12. The Calamus is present in the anointing oil to remind us to live in obedience to the Holy Law, by Yah's Grace.

CASSIA



- Cassia in Hebrew is *qiddah*, meaning shriveled rolls. It is from the root word which means to bend the body or neck in deference, or to bow down.

Spiritual Significance of the Cassia

Cassia is from the root word which means to bend the body or neck in deference, or to bow down. Cassia signifies humility and reverence for the Most High. As it says in Job 28:28 and Psalm 111:10, fearing YHWH is the beginning of wisdom. Also in 2 Chronicles 34:27, we see that humbling ourselves before YHWH is a vital part of prayer. Our prayers are only acceptable when presented with a humble and contrite spirit.

OLIVE OIL

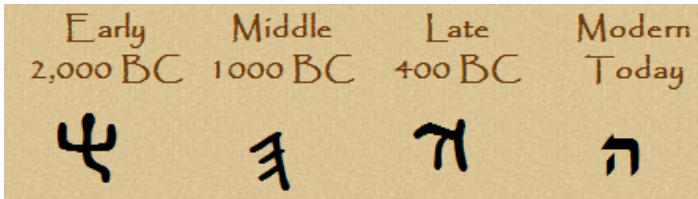


- Olive oil is from the Hebrew word *zayith*, meaning "illuminating oil."



Spiritual Significance of the Olive Oil

It represents the presence of the Holy Spirit in the life. This is the fifth ingredient in anointing oil. We are only able to be set apart for holy use, serving as Heavenly priests, when we have the indwelling Presence of YAH's Spirit.

A Paleo-Hebrew Look at Hey



behold, look, breath, sigh and reveal or revelation from the idea of revealing a great sight by pointing it out.

The original pictograph for this letter is , a man standing with his arms raised out. The Modern Hebrew and original name for this letter is “hey”. The Hebrew word “hey” means “behold” or “reveal”, as when looking at a great sight. This word can also mean “breath” or “sigh” as one does when looking at a great sight. The meaning of the letter  is

Psalm 119:33-40 Shows the HEY

In Psalm 119:33-40, we find the HEY section. In this part of Psalm 119, we see the working of the Holy Spirit in the life.

	ה	5 HEY
הורני יהוה דרך חקיד ואצונה עקב:	33	Teach me, Yahweh, the way of your statutes . I will keep them to the end.
CHOQ YHWH		
הבינני ואצרה תורתך ואשמרנה בכללב:	34	Give me understanding, and I will keep your law . Yes, I will obey it with my whole heart.
TORAH		
הדריכני בנתיב מצותיך כיבו חפצתי:	35	Direct me in the path of your commandments , for I delight in them.
MITSVAH		
הטלבי אלעדותיך ואל אלבצע:	36	Turn my heart toward your statutes , not toward selfish gain.
EDUWTH		
העבר עיני מראות שוא בדרךך חני:	37	Turn my eyes away from looking at worthless things. Revive me in your ways .
DEREK		
הקם לעבדך אמרתך אשר לראתך:	38	Fulfill your promise to your servant, that you may be feared.
IMRAH		
העבר חרפתי אשר יגרתני כי משפטיך טובים:	39	Take away my disgrace that I dread, for your ordinances are good.
MISHPAT		
הנה תאבתי לפקדיך בצדקותך חני:	40	Behold, I long for your precepts ! Revive me in your righteousness.
PIQUWD		

WINDOW of BLESSING

The yod is God's Hand reaching to Bless.

The dalet is the Door to Life...

Together, the dalet and the yod make the hey... the window of YAH's Blessing – open to receiving the BREATH or AIR of Heaven (the Holy Spirit)

Keyword Study: Psalm 119:33-34 (words starting with *Hey* are highlighted)

“HE. **Teach** me, O **LORD**, **the way** of **Thy Statutes**; and **I shall keep it unto the end**. **Give me understanding**, and **I shall keep Thy Law**; yea, I shall **observe** it with my **whole heart**.”

Keyword	Strong's #	Hebrew Word	Meaning
Teach	3384	yarah	to <i>flow</i> as water (that is, to <i>rain</i>); to <i>lay</i> or <i>throw</i> (especially an arrow, that is, to <i>shoot</i>); to <i>point</i> out (as if by <i>aiming</i> the finger), to <i>teach</i> : - (+) archer, cast, direct, inform, instruct
LORD	3068	YHWH	(the) <i>self-Existent</i> or eternal; <i>Jehovah</i> (YHWH), Jewish national name of God: - Jehovah, the Lord.
The Way	1870	derek	a <i>road</i> (as <i>trodden</i>); a <i>course</i> of life or <i>mode</i> of action, conversation, custom, manner
Thy Statutes	2706	chôq	an <i>enactment</i> ; an <i>appointment</i> (of time, space, quantity, labor or usage): appointed, bound, commandment, law, necessary, ordinance set time, statute, task.
I shall keep it	5341	nâtsar	to <i>guard</i> , to <i>protect</i> , <i>maintain</i> , <i>obey</i> , keep, monument, observe, watcher (watchman).
Unto the end	6118	ʿêqeb	a <i>heel</i> , the <i>last</i> of anything (<i>forever</i>); <i>compensation</i> ; on <i>account</i> of: - because, by, end, for, if, reward
Give me understanding	995	bîyn	to <i>separate</i> mentally (or <i>distinguish</i>), <i>understand</i> , consider, be cunning, diligently, direct, discern, instruct, have intelligence, know, look well to, mark, wise (man)
I shall keep	5341	nâtsar	to <i>guard</i> , in a good sense (to <i>protect</i> , <i>maintain</i> , <i>obey</i> , etc.) or a bad one (to <i>conceal</i> , etc.): - besieged, hidden thing, keep, monument, observe, preserve
Thy Law	8451	tôrâh	a <i>precept</i> or <i>statute</i> , especially the <i>Decalogue</i> or <i>Pentateuch</i> : - law
Observe	8104	shâmar	to <i>hedge</i> about (as with thorns), <i>guard</i> ; <i>protect</i> , <i>attend to</i> , beware, be circumspect, take heed (to self), mark, observe, preserve, regard, reserve, save (self)
Whole	3605	kôl	the <i>whole</i> ; <i>all</i> , <i>any</i> or <i>every</i> , altogether, any
Heart	3820	lêb	the <i>heart</i> ; the feelings, the will and even the intellect; the <i>centre</i> of anything: unawares, understanding, X well, willingly, wisdom.

Rewrite these 2 verses using the fuller meaning you found in your Keyword study above:

Rain down upon me, Father, with Your sweet Spirit so that I may receive Your Instructions. Teach me how to speak, think and live according to Your Statutes, Ordinances, and holy Appointment Times. As You Teach me these Blessings, I will guard, maintain, obey and protect Your holy Law as long as there is breath in me, knowing that in so doing, there is great reward – not only in a blessed life now, but also in the End. Help me to mentally distinguish Truth and to understand Your Torah and to keep it with all of my heart and soul and mind. By Your Grace, I will keep and preserve Your Commands faithfully, allowing You to make my life a monument to Your Glory in this sin-darkened world.

Keyword Study: Psalm 119:35-36 (words starting with *Hey* are highlighted)

“**Make me to go** in the **path** of **Thy Commandments**; for **therein do I delight**. **Incline my heart** unto **Thy Testimonies**, and not to **covetousness**.”

Keyword	Strong's #	Hebrew Word	Meaning
Make me to go	H1869	dârak	to <i>tread</i> ; to <i>walk</i> ; also to <i>string</i> a bow (by treading on it in bending): - archer, bend, come, draw, go (over), guide, lead (forth), thresh, tread (down), walk
Path	H5410	nâthîyb	to <i>tramp</i> ; a (beaten) <i>track</i> : - path ([-way]), X travel [-er], way
Thy Commandments	H4687	mitsvâh	a <i>command</i> , whether human or divine (collectively the <i>Law</i>): - (which was) commanded (-ment), law, ordinance, precept.
Therein do I Delight	H2654	châphêts	to <i>incline</i> to; by implication (literally but rarely) to <i>bend</i> ; figuratively to <i>be pleased</i> with, <i>desire</i> : (have, take) delight, desire, favor, like, move, be (well) pleased, have pleasure, will, would.
Incline	H5186	nâţâh	to <i>stretch</i> or spread out; to <i>bend</i> away, deliver, incline, intend, spread (out), stretch (forth, out), take (aside), turn (aside, away), cause to yield.
My Heart	H3820	lêb	the <i>heart</i> ; also used (figuratively) very widely for the feelings, the will and even the intellect; likewise for the <i>centre</i> of anything, courag [-eous], midst, mind (-ed), understanding, willingly, wisdom.
Thy Testimonies	H5715	‘êdûth	Feminine of H5707; <i>testimony</i> : - testimony, witness.
Covetousness	H1215	betsa‘	From H1214; <i>plunder</i> ; by extension <i>gain</i> (usually unjust): - covetousness, (dishonest) gain, lucre, profit.

Rewrite these 2 verses using the fuller meaning you found in your Keyword study above:

Heavenly Father, I ask You to guide me and empower me to walk Your Old Path of Truth and Light. Help me to travel or live in such faithful obedience to Your Commands that I am straight on target of what pleases You, like an arrow, shot from a bow. My heart has naturally been bent to evil, inclined to the ways of the flesh. But, now I choose to desire and take pleasure in Your Ways. Cause my feelings, my will, and my understanding to be bent towards You and Your Ways. Help me to not be consumed with a desire for worldly gain and personal profit, nor even to be motivated by these things. Rather, help me to yield to You and to have the courage to turn aside from the world and what is acceptable on this planet. Cause my witness of You to be stretched forth and spread out for to help many others yield to You also.

Keyword Study: Psalm 119:37-38 (words starting with *Hey* are highlighted)

“Turn away mine eyes from beholding vanity; and **quicken** Thou me in Thy Way. Stablish Thy Word unto Thy servant, who is devoted to Thy Fear.”

Keyword	Strong's #	Hebrew Word	Meaning
Turn Away	H5674	ʿâbar	To <i>cross over</i> ; <i>transition</i> , alienate, alter, carry over, (over-) come, send over, set apart, cause to (make) sound (whole), sweet smelling.
Mine Eyes	H5869	ʿayin	an <i>eye</i> ; a <i>fountain</i> , think best, face, favour, knowledge, please, presence, regard, resemblance, sight
From Beholding	H7200	râʾâh	to <i>see</i> , advise self, appear, approve, behold, consider, discern, (make to) enjoy, have experience, gaze, take heed
Vanity	H7723	shâv'	From the same as H7722 in the sense of <i>desolating</i> ; <i>evil</i> (as <i>destructive</i>), literally (<i>ruin</i>) or morally (especially <i>guile</i>); figuratively <i>idolatry</i> (as false, subjectively), <i>uselessness</i> (as deceptive): - false, lie, lying, vain, vanity.
Quicken	H2421	châyâh	to <i>live</i> , to <i>revive</i> : - keep (leave, make) alive, give (promise) life, (let, suffer to) live, nourish up, preserve (alive), quicken, recover, repair, restore (to life), revive, be whole.
Thy Way	H1870	derek	From H1869; a <i>road</i> (as <i>trodden</i>); figuratively a <i>course</i> of life or <i>mode</i> of action, conversation, custom, manner
Stablish	H6965	qûm	to <i>rise</i> , abide, accomplish, confirm, continue, endure, X enemy, enjoin, help, hold, (help to) lift up (again), ordain, raise (up), strengthen, succeed.
Thy Word	H565	'imrâh	commandment, speech, word
Thy servant	H5650	ʿebed	From H5647; a <i>servant</i> : bondman, bond servant, (man-) servant.
Thy Fear	H3374	yir'âh	<i>fear</i> (also used as infinitive); morally <i>reverence</i> : dreadful, X exceedingly, fear (-fulness).

Rewrite these 2 verses using the fuller meaning you found in your Keyword study above:

Abraham was the spiritual father of those who crossed over from Babylon to Canaan. Help me, Father, to cross over from Spiritual Babylon to Your Promised Land. Help me to be set apart for You, a sweet smelling fragrance to You by altering my thinking, my favor, and what I regard, resemble or find pleasure in. Help me to overcome my former enjoyment of idolatry and my attraction to Satan's deceptive tantalizations. I recognize that what comes from him is desolation and destruction. This is the way of death. Please, Yahweh, make me fully alive in You. Please heal me of my past experience with ruinous ways and Breathe Your Life into me that I may live, act and speak according to Your Manner. May Your Customs be my new habit. Accomplish Your Word in me and strengthen me to continue in Your Commandment. For, like the patriarchs and apostles before me, I am Your bondservant, serving You out of my own loving choice, rather than by compulsion. I reverence and fear none but You!

Keyword Study: Psalm 119:39-40 (words starting with *Hey* are highlighted)

“**Turn away my reproach** which I fear: for **Thy Judgments** are **good**. **Behold**, I **have longed** after **Thy Precepts**: **quicken me** in **Thy Righteousness**.”

Keyword	Strong's #	Hebrew Word	Meaning
Turn away	H5674	ʿâbar	To <i>cross over</i> ; <i>transition</i> , alienate, alter, carry over, (over-) come, send over, set apart, cause to (make) sound (whole), sweet smelling.
My Reproach	H2781	cherpâh	<i>Contumely (gossip or insolent and insulting language), disgrace, the pudenda</i> : - rebuke, reproach (-fully), shame.
Thy Judgments	H4941	mishpâṭ	a <i>verdict</i> (favorable or unfavorable) pronounced judicially, especially a <i>sentence</i> or formal decree (human or (particularly) divine <i>law</i> , individual or collectively), <i>privilege</i> , to be judged, judgment, worthy.
Good	H2896	ṭôb	<i>Good</i> , beautiful, best, better, bountiful, cheerful, (be in) favor, graciously, joyful, kindly, kindness, loving, prosperity, (be) well-favored.
Behold	H2009	hinnêh	behold, lo, see.
I have Longed	H8373	tâ'ab	to <i>desire</i> : - long.
Thy Precepts	H6490	piqqûd	<i>appointed</i> , that is, a <i>mandate</i> (of God; plural only, collectively for the <i>Law</i>): - commandment, precept, statute.
Quicken me	H2421	châyâh	to <i>live</i> , to <i>revive</i> : - keep (leave, make) alive, give (promise) life, (let, suffer to) live, nourish up, preserve (alive), quicken, recover, repair, restore (to life), revive, be whole.
Thy Righteousness	H6666	ts ^c dâqâh	<i>rightness</i> (abstractly), subjectively (<i>rectitude</i>), objectively (<i>justice</i>), morally (<i>virtue</i>) or figuratively (<i>prosperity</i>): - justice, moderately, right (-eous) (act, -ly, -ness).

Rewrite these 2 verses using the fuller meaning you found in your Keyword study above:

I have asked you to transition me out of my former ways, into Yours. Thus, I can also ask You, Yahweh, please make me whole and alienate me from insolence, gossip, disgrace, shame and the fearful legacy my former life deserved. By Your Grace, I know that I may now look forward to Your Judgment. You have made me worthy and well-favored. Help me to behold (for by beholding I become changed) Your Commandments and Statutes. I desire Your Statutes and that You would revive and restore me into Your Virtue.

Psalm 119:33-40 Reveals the *Hey* Message:

(write your own personal “Bible Commentary” Message about these verses, now that you’ve studied them. Include Cross-reference Scriptures.)

Teach me Thy Statutes, not the mere words, but the way of applying them to myself. Yahweh, by His Spirit, gives a right understanding. But the Spirit of revelation in the word will not suffice, unless we have the Spirit of wisdom in the heart. Yahweh puts His Spirit within us, causing us to walk in His Statutes. The sin here prayed against is covetousness. Those that would have the love of God rooted in them, must get the love of the world rooted out; for the friendship of the world is enmity with God. Quicken me in Thy Way; to redeem time, and to do every duty with liveliness of spirit. Beholding vanity deadens us, and slackens our pace; a traveler must not stand longingly gazing upon the dark things and ways of this world. The promises of God's Word greatly relate to the preservation of the true believer. When Satan has drawn a child of God into worldly compliances, he will reproach him with the falls into which he led him. Victory must come from the Cross of Christ. When we enjoy the sweetness of God's precepts, it will make us long for more acquaintance with them. And where God has wrought to will, He will work to do.

Personal Application:

1. What was the most personally meaningful message of the *Hey* that you found in this study?

Without the HEY – which represents the BREATH of Heaven, the Holy Spirit – we may be physically alive, but that is all. We are more like the walking dead, until the Spirit of LIFE quickens us. I desire to be quickened with the Presence of Yahweh's HEY, this day and every day. I desire to BREATH Heaven's Atmosphere and to have a citizenship, not of this world, but of the Eternal Realm.

2. What insights about *Yahweh* did you gain?

There are two HEY's in Yahweh's Name. This shows that Yahweh infuses His people with a double portion of His GRACE and SPIRIT. It also shows that Yahweh both physically CREATES us and spiritually RE-CREATES us by His BREATH of LIFE.