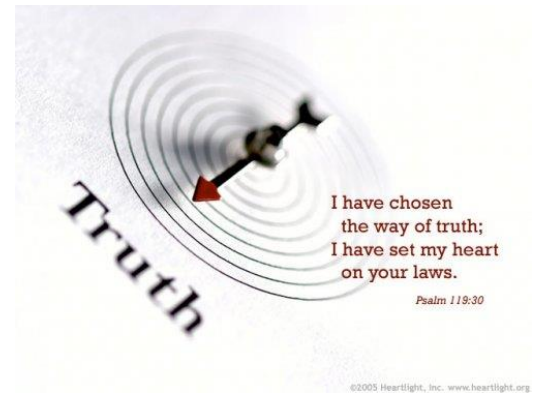
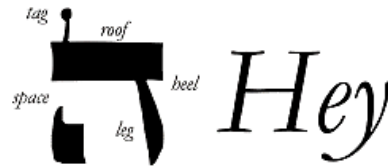


# Psalm 119 & the Hebrew Aleph Bet - Part 5

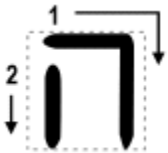


The fifth letter of the Hebrew alphabet is called "Hey".



Write the manual print version (or "block" version) of Hey as follows:

## MANUAL PRINT VERSION



## Writing the Letter: *Hey*

	<p>Practice making the Hey here:</p>
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The *Aleph* represents *Yahweh*. The *Bet* signifies *Yahshua*, Who Tabernacled in the Flesh. The *Gimel* signifies the Spirit of *Yahweh*, manifested or "wrapped up" in John the Baptist, the forerunner of Messiah. And the *Dalet* is the door, signifying the Door of the Sanctuary and entry into a Grace-empowered life with Christ. The fifth letter, the *Hey* is the letter which represents the Holy Spirit – the Breath of Heaven.



### ***Hey Signifies the Window of the Soul – and the LIGHT and BREATH of Heaven coming in***

Psalm 150:6 "Let everything that hath breath praise YHWH. Praise ye YHWH."

Psalm 18:28 "For thou wilt light my candle: YHWH my God will enlighten my darkness."

## Spiritual Meaning of the Hey

Hey = 5 and is the H of Hebrew (pronounced *by exhaling the breath*)

- Hey is the Hebrew letter for BREATH, SPIRIT and GRACE.
- Hey is the first letter in the Hebrew word HINNEH (behold), suggesting something important is following, which can only be viewed and fully appreciated through the Holy Spirit. As in: "Behold the Bridegroom cometh!" Matthew 25:6 and "Behold the Lamb of God, who takes away the sin of the world," John 1:29 & 36.



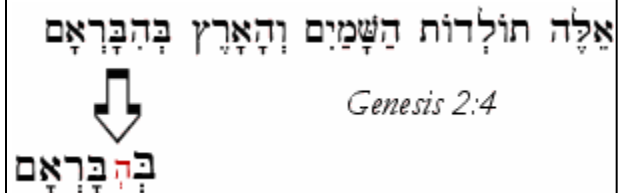
There are two Hey's in God's Holy Covenant Name: **YHWH**.

They show us that He **BREATHED** life into us in the beginning, and will again **BREATHE** Eternal Life into us. It also takes the Presence of the Holy Spirit in us to truly praise YHWH – which is shown by the **Hey's** in **HalleluYAH!**



**Hey represents God's Creative Power**  
"By the word of the LORD were the heavens made; and all the host of them by the Breath of His Mouth" (Psalm 33:6). In the Talmud (*Menachot 29b*) it is said that the "breath of His mouth" refers to the sound of the letter *Hey* - the outbreathing of Spirit.

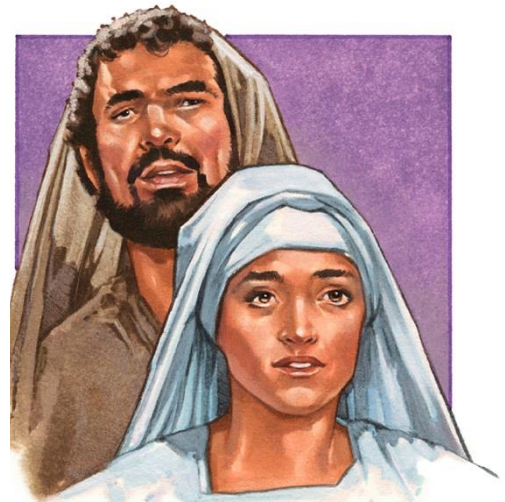
In the fifth word of Genesis 2:4, the *hey* appears smaller than usual.



This draws attention to the fact that the heavens and the earth were created, by YHWH's Hey... the Word of YHWH, Who breathed forth creation.

**YHWH changed the names of His people- adding the Hey- to signify the indwelling of His Spirit and Grace (Genesis 17:5 & 15):**

**ABRAM became ABRA-H-AM  
SARAI became SARA-H**



### Prefixive Hey

Hey functions as the definite article in Hebrew, a sort of demonstrative that points to the object and makes it concrete and definite. Thus אִישׁ (*ish*), a man, becomes הָאִישׁ (*ha-ish*), **THE MAN** (the Spirit in a man makes him new into the **LIVING** Image of *Yahshua* **THE MAN**).

### Suffixive Hey

Adding a Hey at the end of a noun "feminizes" it or allows it to be "fruitful" and reproductive – another work of the Holy Spirit in the life.

### Hey and Teshuvah

Since Hey is formed from Dalet and Yod, it can also be a picture of returning to God by means of the transforming power of the Spirit. Opening the door of the heart then is a picture of the Spirit of God indwelling the believer.

## Hebrew Words Beginning with Hey:

Hebrew Word	Pronunciation	Meaning
הָא	hei	“to break” – For Jacob, our spiritual forefather, blessing came at the price of brokenness. He wrestled with the angel of YHWH. The angel touched him and put his leg out of joint so that ever after, he walked with the limp – yet he was also deeply blessed! To make us usable, YHWH must break us of our self-will and pride.
הָעֵץ	Ha eetz	Ha eetz is THE TREE instead of just “a tree”. Adding the Spirit’s “H” letter makes it refer to Yahshua and the Things of Yahshua
הַלְלוּ-יָהּ	Hallelujah	Hallelujah means “praise to Yah”. The Hey in the front of the word shows that we can only praise YAH effectively through the Holy Spirit. “God is a Spirit: and they that worship Him must worship Him in spirit and in truth,” John 4:24.

According to linguists, the form of the letter **ה** (hey) pictures a window. With the arrival of the י (yod), ד (dalet – the door) become a ה (hey = window). This window allows LIGHT and AIR to enter the soul – both of which are workings of the Holy Spirit.

## The Hey Signifies the Work of the Holy Spirit in the Life, Symbolized by the Holy Anointing Oil

The Holy Anointing Oil, significant of the Holy Spirit, was made up of 5 parts (5 is the number hey): Myrrh, cinnamon, sweet calamus, cassia, and olive oil (Exodus 30:23-25). These ingredients reveal the meaning of the hey and the indwelling work of the Holy Spirit in our lives.

### MYRRH



- *myrrh* (as *distilling* in drops, and also as *bitter*)
- “Indeed, all who desire to live godly in Messiah Yahshua will be persecuted”  
(2 Timothy 3:12)

#### **Spiritual Significance of the Myrrh**

Myrrh symbolizes suffering, trials, tribulations, and afflictions. The church of Smyrna is known as the “Suffering Church”. This makes sense when one realizes that the name “Smyrna” comes from myrrh. Suffering and persecution is something that *Yahshua* experienced. In fact we are told that suffering was such an integral of *Yahshua*’s life that, “Although He was a Son, He learned obedience from the things which He suffered” (Hebrews 5:8). And just as He was given the gift of myrrh by Wise Men, so we too, who are set apart for His holy use and anointed as priests, are to receive the gift of myrrh (suffering) from the hand of the Master. It is not done to destroy us, but to teach us obedience.

## CINNAMON



- "*qinnamown*" meaning "to erect, cinnamon bark as in upright rolls"

### **Spiritual Significance of the Cinnamon**

The second ingredient of the holy anointing oil was "sweet cinnamon". Sweet denotes the savour to God that is pure and holy, not that of a natural sweetener as honey, but that of cinnamon. "Cinnamon" is the Hebrew "*qinnamown*" meaning "to erect, cinnamon bark as in upright rolls". The sweet cinnamon speaks of the upright life, which we are enabled to live, through the Holy Spirit's Grace and indwelling Power.

## SWEET CALAMUS



- "Calamus" is the Hebrew "*qaneh*" meaning "a reed (for measuring)."

### **Spiritual Significance of the Calamus**

"Calamus" is the Hebrew "*qaneh*" meaning "a reed (for measuring)." The Law of YHWH is represented here. "And there was given me a reed like unto a rod: and the angel stood, saying, Rise, and measure the temple of God, and the altar, and them that worship therein." (Revelation 11:1). The measuring rod, by which we are measured (judged) is the Law of YHWH, as it says in James 2:12. The Calamus is present in the anointing oil to remind us to live in obedience to the Holy Law, by Yah's Grace.

## CASSIA



- Cassia in Hebrew is *qiddah*, meaning shriveled rolls. It is from the root word which means to bend the body or neck in deference, or to bow down.

### **Spiritual Significance of the Cassia**

Cassia is from the root word which means to bend the body or neck in deference, or to bow down. Cassia signifies humility and reverence for the Most High. As it says in Job 28:28 and Psalm 111:10, fearing YHWH is the beginning of wisdom. Also in 2 Chronicles 34:27, we see that humbling ourselves before YHWH is a vital part of prayer. Our prayers are only acceptable when presented with a humble and contrite spirit.

## OLIVE OIL

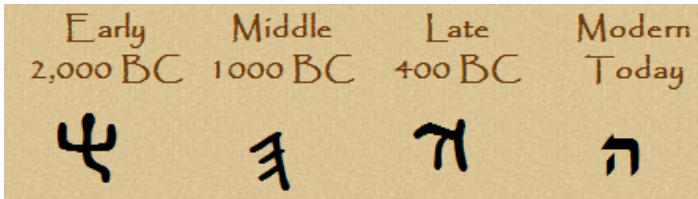


- Olive oil is from the Hebrew word *zayith*, meaning "illuminating oil."



### **Spiritual Significance of the Olive Oil**

It represents the presence of the Holy Spirit in the life. This is the fifth ingredient in anointing oil. We are only able to be set apart for holy use, serving as Heavenly priests, when we have the indwelling Presence of YAH's Spirit.

## A Paleo-Hebrew Look at Hey



behold, look, breath, sigh and reveal or revelation from the idea of revealing a great sight by pointing it out.

The original pictograph for this letter is , a man standing with his arms raised out. The Modern Hebrew and original name for this letter is “hey”. The Hebrew word “hey” means “behold” or “reveal”, as when looking at a great sight. This word can also mean “breath” or “sigh” as one does when looking at a great sight. The meaning of the letter  is

## Psalm 119:33-40 Shows the HEY

In Psalm 119:33-40, we find the HEY section. In this part of Psalm 119, we see the working of the Holy Spirit in the life.

	ה	5 HEY
הורני יהוה דרך חקיד ואצונה עקב:	33	Teach me, Yahweh, the way of your <b>statutes</b> . I will keep them to the end.
CHOQ YHWH		
הבינני ואצרה תורתך ואשמרנה בכללב:	34	Give me understanding, and I will keep your <b>law</b> . Yes, I will obey it with my whole heart.
TORAH		
הדריכני בנתיב מצותיך כיבו חפצתי:	35	Direct me in the path of your <b>commandments</b> , for I delight in them.
MITSVAH		
הטלבי אלעדותיך ואל אלבצע:	36	Turn my heart toward your <b>statutes</b> , not toward selfish gain.
EDUWTH		
העבר עיני מראות שוא בדרךך חני:	37	Turn my eyes away from looking at worthless things. Revive me in your <b>ways</b> .
DEREK		
הקם לעבדך אמרתך אשר לראתך:	38	Fulfill your <b>promise</b> to your servant, that you may be feared.
IMRAH		
העבר חרפתי אשר יגרתני כי משפטיך טובים:	39	Take away my disgrace that I dread, for your <b>ordinances</b> are good.
MISHPAT		
הנה תאבתי לפקדיך בצדקתך חני:	40	Behold, I long for your <b>precepts</b> ! Revive me in your righteousness.
PIQUWD		

## WINDOW of BLESSING

The yod is God's Hand reaching to Bless.

The dalet is the Door to Life...

Together, the dalet and the yod make the hey... the window of YAH's Blessing – open to receiving the BREATH or AIR of Heaven (the Holy Spirit)

**Keyword Study: Psalm 119:33-34 (words starting with *Hey* are highlighted)**

“*HE. Teach me, O LORD, the way of Thy Statutes; and I shall keep it unto the end. Give me understanding, and I shall keep Thy Law; yea, I shall observe it with my whole heart.*”

Keyword	Strong's #	Hebrew Word	Meaning
Teach			
LORD			
The Way			
Thy Statutes			
I shall keep it			
Unto the end			
Give me understanding			
I shall keep			
Thy Law			
Observe			
Whole			
Heart			

## Keyword Study: Psalm 119:35-36 (words starting with *Hey* are highlighted)

“Make me to go in the path of Thy Commandments; for therein do I delight. Incline my heart unto Thy Testimonies, and not to covetousness.”

Keyword	Strong's #	Hebrew Word	Meaning
Make me to go			
Path			
Thy Commandments			
Therein do I Delight			
Incline			
My Heart			
Thy Testimonies			
Covetousness			

Rewrite these 2 verses using the fuller meaning you found in your Keyword study above:

## Keyword Study: Psalm 119:37-38 (words starting with *Hey* are highlighted)

“Turn away mine eyes from beholding vanity; and **quicken** Thou me in Thy Way. Stablish Thy Word unto Thy servant, who is devoted to Thy Fear.”

Keyword	Strong's #	Hebrew Word	Meaning
Turn Away			
Mine Eyes			
From Beholding			
Vanity			
Quicken			
Thy Way			
Stablish			
Thy Word			
Thy servant			
Thy Fear			

Rewrite these 2 verses using the fuller meaning you found in your Keyword study above:



**Keyword Study: Psalm 119:39-40 (words starting with *Hey* are highlighted)**

“Turn away **my reproach** which I fear: for Thy Judgments are good. **Behold**, I have longed after Thy Precepts: **quicken me** in Thy Righteousness.”

Keyword	Strong's #	Hebrew Word	Meaning
Turn away			
My Reproach			
Thy Judgments			
Good			
Behold			
I have Longed			
Thy Precepts			
Quicken me			
Thy Righteousness			

Rewrite these 2 verses using the fuller meaning you found in your Keyword study above:

## Psalm 119:33-40 Reveals the *Hey* Message:

(write your own personal “Bible Commentary” Message about these verses, now that you’ve studied them. Include Cross-reference Scriptures.)

## Personal Application:

1. What was the most personally meaningful message of the *Hey* that you found in this study?
  
  
  
  
  
  
  
  
  
  
2. What insights about *Yahweh* did you gain?